

## Advice on life after taking redundancy



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TWO enterprising women have joined forces to offer businesses and individuals a two day post-redundancy boot camp.

Personal development coach, Wendy Dashwood-Quick of Great Notley and Chelmsford-based human resources consultant, Suzanne Bolwell-Davies are setting up the camps to prepare employees for change and to give them the confidence, tools and motivation to move on after redundancy.

Redundancy is high on the agenda for many firms. A quarter of UK employees have drawn up plans for the next 12 months, according to

research by the Chartered Institute of Personnel and Development (CIPD) and management consultants KPMG.

Wendy said: "Some businesses really do care about what happens to their staff, especially if they have been employees for a number of years.

"The boot camp is a way for employers to prepare their staff for what could be a very challenging time.

"It is ideal for anyone who's anxious about what to do next, or paradoxically sees redundancy as an opportunity but would like guidance and resources to plan their next move.

"Most employers, however, aren't

able to provide a platform to help ex employees launch a new career.

Wendy and Suzanne have more than 20 years experience in the public and private sector of human resources and personal development, career development and coaching. Wendy is a qualified personal development coach with Resolution Coaching. Suzanne is a human resources consultant and co-founder of Flexible HR Limited.

A series of two-hour seminars are planned for local employers. More information is available at [www.resolutioncoaching.co.uk/outplacement](http://www.resolutioncoaching.co.uk/outplacement)



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